

For Immediate release

Contact: Mary Walewski

Email: mary@buythebookmarketing.com

Phone: 303-725-9313

Saving the Fearful Shelter Dogs : Helping them fit in the human world

Shelter dogs often have backgrounds of mistreatment, neglect and outright cruelty. These dogs often end up timid and afraid of noises, objects and people. Saving a timid shelter dog is dependent on helping him fit into the human world. Rehabbing fearful shelter dogs is Sunny Weber's mission and the reason she wrote *Beyond Flight or Fight: A Compassionate Guide for Working With Fearful Dogs*.

"Fearfulness is the most common problem that leads people to reject a dog," says Weber. "Fear is a bigger problem than aggression, though sometimes a dog will act aggressively out of fear. The simple solution to finding these dogs homes is to help them get over their fears."

Beyond Flight or Fight outlines the biological aspects of fear and the steps how to work with and train a fearful dog. Weber also outlines the steps towards developing the confidence of a fearful dog and how the trainer uses their voice, hands and body, cues and dog psychology to work with the dog.

Sunny Weber has over 25 years of experience in pet rescue, humane education and shelter and sanctuary work. Specializing in the rehabilitation of fearful animals and special needs (medical) pets, Sunny has rehabilitated and re-homed hundreds of dogs, cats and horses. A professional humane educator, Sunny has consulted with rescues, shelters and sanctuaries. She has addressed all ages regarding the need for compassion and care of domestic and wild animals.

Flight or Fight: A Compassionate Guide for Working With Fearful Dogs is available in paperback and Kindle through Amazon.com. For bulk ordering information contact the author at sunny@sunnyweber.com.

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For information on Sunny Weber's speaking or consulting availability, call 303-771-4454.

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